



JANUARY 2023

High Schools



Monday

Tuesday

Wednesday

Thursday

Friday



2

Chicken Smackers
French Fries
Green Beans
Strawberry Applesauce

3

Choice: Pepperoni Pizza
Chicken Tender Meal

Fish Nuggets
Creamed Potatoes
Broccoli with Cheese
Pineapple

4

Choice: Pepperoni Pizza
Chicken Tender Meal

Pizza
Buttered Corn
Garden Salad
Peaches

5

Choice: Chicken Smackers
Chicken Tender Meal

Chicken and Sausage Gumbo
Garden Salad
Cantaloupe Wedges
Garlic Breadstick

6

Choice: Baked Potato
Chicken Tender Meal

Chicken Tenders
Red Beans and Rice
Garden Salad
Pineapple
Biscuits

9

Choice: Burger with Fries
Chicken Tender Meal

Beef-a-Roni
Garden Salad
Squash and Zucchini
Satsumas
Dinner Roll

10

Choice: Chicken Teriyaki Rice Bowl
Chicken Tender Meal

Corn Dog Nuggets
Creamed Potatoes
Glazed Baby Carrots
Mixed Berries with whipped cream

11

Choice: Chef Taco Salad
Chicken Tender Meal

Chicken Filet on Bun
Lettuce and Pickle Cup
French Fries
Cantaloupe Wedges

12

Choice: Buffalo Chicken Rice Bowl
Chicken Tender Meal

Nachos
Garden Salad
Jalapeno Cup
Salsa
Mexican Corn
Peaches

13

Choice: Baked Potato
Chicken Tender Meal



16

**HAPPY
MARTIN LUTHER
KING DAY**

Spaghetti and Meat Sauce
Garden Salad
Cauliflower with Cheese
Blue Raspberry Applesauce
Dinner Roll

17

Choice: Chicken Teriyaki Rice Bowl
Chicken Tender Meal

Hamburger/Cheeseburger
Lettuce and Pickle Cup
Baked Beans
French Fries
Mixed Berries with whipped cream

18

Choice: Chef Chicken Smacker Salad
Chicken Tender Meal

Chicken and Sausage Jambalaya
White Beans
Garden Salad
Peaches
Roll

19

Choice: Buffalo Chicken Rice Bowl
Chicken Tender Meal

Macaroni and Cheese
Garden Salad
Green Beans
Red Apple Wedges

20

Choice: Baked Potato
Chicken Tender Meal

Chicken Smackers
Spaghetti and Cheese
Garden Salad
Veggie Medley
Green Apple Wedges

23

Choice: Burger with Fries
Chicken Tender Meal

Chicken and Sausage Gumbo
Garden Salad
Cantaloupe Wedges
Garlic Breadstick

24

Choice: Chicken Teriyaki Rice Bowl
Chicken Tender Meal

Fish Nuggets
Roasted Red Potatoes
Broccoli with Cheese
Coleslaw
Pineapple
Celebration Cupcake

25

Choice: Chef Chicken Caesar Salad
Chicken Tender Meal

Meatballs and Gravy
Over Rice
Garden Salad
Black Eye Peas
Satsumas
Dinner Roll

26

Choice: Buffalo Chicken Rice Bowl
Chicken Tender Meal

Pizza
Garden Salad
Corn
Mixed Berries with whipped cream

27

Choice: Baked Potato
Chicken Tender Meal

Chicken Tenders
Red Beans and Rice
Garden Salad
Pineapple
Biscuit

30

Choice: Burger with Fries
Chicken Tender Meal

Beef-a-Roni
Garden Salad
Squash and Zucchini
Satsumas
Dinner Roll

31

Choice: Chicken Teriyaki Rice Bowl
Chicken Tender Meal

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.



PAY FOR MEALS ONLINE
MySchoolBucks.com