



LUNCH

OCTOBER 2022

High Schools

Daily Choice High School:

Pizza

Chicken Tenders

Monday

Chicken Tenders **3**
Red Beans and Rice
Garden Salad
Fresh Cantaloupe Wedges
Biscuit

Honey Citrus Chicken **10**
Fried Rice
Garden Salad
Glazed Baby Carrots
Pineapples

Groovy Chicken Smackers **17**
Spaghetti and Cheese
Garden Salad
Veggie Medley
Green Apple Wedges

Chicken Tenders **24**
Red Beans and Rice
Garden Salad
Pineapple
Biscuit

Ghoulish Gumbo **31**
Potato Salad
Apple Wedges
Dinner Roll
Spooky Cupcake

Tuesday

Cheesy Beef Pasta **4**
Garden Salad
Vegetable Medley
Orange Wedges
Dinner Roll

Spaghetti and Meat Sauce **11**
Garden Salad
Sweet Green Peas
Orange Wedges
Dinner Roll

Good Vibes Soft Tacos **18**
with Seasoned Meat and cheese
Pinto Beans
Garden Salad
Jalapeno Cup
Salsa
Orange Wedges

Cheesy Beef Pasta **25**
Garden Salad
Vegetable Medley
Orange Wedges
Dinner Roll

Wednesday

Corn Dog Nuggets **5**
Creamed Potatoes
Glazed Baby Carrots
Red Apple Wedges

Hamburger/Cheeseburger **12**
Garden Salad
Baked Beans
French Fries
Diced Peaches

Far Out Fish Nuggets **19**
Creamed Potatoes
Broccoli with Cheese
Fresh Cantaloupe Wedges

Corn Dog Nuggets **26**
Creamed Potatoes
Glazed Baby Carrots
Red Apple Wedges

Thursday

Chicken Filet on Bun **6**
Garden Salad
French Fries
Diced Peaches

Jambalaya **13**
Garden Salad
White Beans
Fresh Strawberries
Dinner Roll

Super Rad Meatballs and Gravy **20**
Over Rice
Garden Salad
Sweet Peas and Carrots
Diced Peaches
Breadsticks

Chicken Filet on Bun **27**
Garden Salad
French Fries
Diced Peaches

Friday

Nachos **7**
With Meat and Cheese
Garden Salad
Jalapeno Cup
Salsa
Mexican Corn
Pears

Macaroni and Cheese **14**
Garden Salad
Green Beans
Applesauce

Chillin' Chicken Teriyaki Rice Bowl **21**
Broccoli
Carrots
Pears

Nachos **28**
With Meat and Cheese
Garden Salad
Jalapeno Cup
Salsa
Mexican Corn
Fresh Strawberries

National School Lunch Week: Peace, Love, and School Lunch

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.

